



**KIDS IN KATHMANDU NEPAL**

*"a better life through education"*

## Annual Report and Accounts 2020



**Kids in Kathmandu Nepal supports orphaned and underprivileged children and young people in Kathmandu by providing facilities and activities that assist in advancing their education to improve their life chances**

**KIDS IN KATHMANDU NEPAL LTD**  
**(A company limited by guarantee)**  
**REPORT AND FINANCIAL STATEMENTS**  
**01 JANUARY 2020 TO 31 DECEMBER 2020**

**Company Registration Number: 07517465**

**Charity Registration Number: 1142150**

# Kids in Kathmandu Nepal Ltd

<b>Page No.</b>	<b>Contents</b>
1	Reference and Administrative Information
2 - 3	Structure and Governance
4 - 5	Objects and Main Activities
6 - 12	Main Achievements during 2020
13	Benefits to the Wider Community in Kathmandu
13 -14	Current Political and Socio-Economic Situation in Nepal
15	Fundraising
16	Publicity
17	Risk Management & KIKN Policies
18	Objectives and Planned Activities for 2021
19 - 20	Financial Review
21	Statement of Financial Activities
22	Balance Sheet
23 - 25	Notes to the Financial Statements
26	Independent Examiner Report for the Accounts
 <b>Appendices</b>	
27 - 32	Appendix A – Case Study: The Life Story of Urmila and KIKN Sponsored Children through the Years
33 - 42	Appendix B – Photographs: Coronavirus Food Relief Programme

*Cover photograph shows a family collecting their food relief goods at Lubhoo School*

**KIDS IN KATHMANDU NEPAL LTD**  
**REFERENCE AND ADMINISTRATIVE INFORMATION**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**Trustees/Directors:**

- Lai See Chew Founder/Chief Officer
- John Crowe
- Janet Davies Chair (until 16 Jan 2020)
- Jonathan Hamer Appointed 22 Oct 2020
- Marjorie Jackson, OBE Acting Chair (From 17 Jan 2020)
- Kate Pottinger
- Stephen Smith

**Company Registration Number**

07517465

**Charity Registration Number**

1142150

**Registered Office**

58 Durban Road, Beckenham, Kent, BR3 4EZ

**Bankers**

HSBC Bank, 141 High Street, Beckenham, Kent, BR3 1BX

Redwood Bank Ltd, The Nexus Building, Broadway, Letchworth Garden City, SG6 3TA

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**TRUSTEES' REPORT**

The Trustees, who are also Directors of the charitable company for the purpose of the Companies Act 2006, submit their annual report and the financial accounts for Kids in Kathmandu Nepal Ltd (KIKN) for the year ended 31 December 2020.

The Trustees confirm that the annual report and financial accounts comply with the current statutory requirements, the requirements of the company's governing documents and the provisions of the Charities Commission Statement of Recommended Practice (SORP) FRS 102.

**STRUCTURE AND GOVERNANCE**

**Organisational Structure**

Kids in Kathmandu Nepal Ltd was incorporated as a company limited by guarantee on 02 February 2011 (company number 7517465) and registered as a charity with the Charity Commission on 27 May 2011 (charity number 1142150). The charity is governed by its Articles of Association. Legal responsibility for the management of the charity is vested in the Board of Trustees.

The charity has no members, other than the Trustees. It has no ties with any other organisation. The Board of Trustees makes all strategic decisions.

Mrs Janet Davies was the Chair, until 16 January 2020, when she resigned as a Trustee.

At the Trustees' meeting held on 16 January 2020, Trustee Marjorie Jackson was elected as Acting Chair.

At the Trustees' meeting held on 22 October 2020, Jonathan Hamer was appointed as a Trustee.

Ms Lai See Chew acts as the Chief Officer of the charity and co-ordinates activities, including providing agendas and minutes of meetings, reporting to sponsors on the children they support and liaising with the orphanage and schools that we support in Nepal.

The Save Lives Foundation Orphanage is the hub of the charity's work in Kathmandu. Mrs Uma Mathema, House Mother, is our key contact in Nepal. She liaises with the schools, Paropakar Orphanage and with parents or families of sponsored children who live in their family homes. She monitors operational projects and brings to our attention any matter she considers the charity needs to know and she assists the Chief Officer to identify and prioritise potential new projects. During the year, on our behalf, she purchases authorised goods for the children or schools from our Nepal bank account.

We do not give any money directly to the sponsored children, their families or the schools. We pay fees and pay for the goods and services directly to the providers, so we have control over how the money is spent.

Bank transfers of funds from our UK bank account to Nepal require the authorisation of the Chief Officer, the Chair or Mr Stephen Smith, after approval by Trustees. We have a dedicated bank account in Nepal, operated by Mrs Mathema, and we receive copies of the bank statements, so that we are able to monitor expenditure.

Due to the coronavirus epidemic, it was not possible to hold the Charity's Annual General Meeting, in 2020.

**Chief Officer Annual Visit to Nepal**

Since the Charity was established in 2011, and for several years before becoming registered as a charitable company, each September Ms Lai See Chew, Chief Officer, has visited Nepal, at her own expense, staying at the orphanage in Kathmandu, visiting the schools and meeting all sponsored

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

children, to ensure that the transferred funds have been utilised as directed. However, due to the global coronavirus epidemic this was not possible in 2020. Nevertheless, the Chief Officer has kept in regular contact with Uma Mathema, our representative in Nepal at the Save Lives Foundation orphanage in Kathmandu. KIKN's work has continued and rapidly responded to the changing situation and needs of the schools, young people and families whom we support, during the coronavirus pandemic.

The Chief Officer has regularly updated the KIKN Facebook account and website on the work we have continued to undertake in Nepal to keep the on-going interest and commitment of sponsors and donors by sharing with them news and events in the children's lives. We have also sent out e-newsletters on our work to all of those on our mailing list.

**Staff**

Kids in Kathmandu Nepal charity does not employ any staff and has no premises costs. All its administrative duties and fundraising efforts are carried out voluntarily by the Trustees and by supporters of the charity.

**Recruitment and Appointment of Trustees**

The Articles of Association provide that Trustees (Directors) are appointed for a period of four years, when they must retire, but can be re-appointed in accordance with the rules outlined in clause 31 of the Articles of Association. The minimum number of Trustees is three, with no maximum number stated. Trustees can be appointed at any general meeting, under the terms of the Articles of Association.

All current Trustees are sponsors of children supported by KIKN, or donors to the charity. We ask that all potential new Trustees attend a Board meeting and meet with the other Trustees, before consideration of appointment.

The Board of Trustees holds quarterly Trustees' meetings. The Chief Officer, Chair or other Trustees meet at least monthly, to oversee the administrative duties of the charity, to deal with financial matters and to plan activities, such as fundraising events and publicity. During the 2020 coronavirus pandemic, the quarterly Trustees' meetings were held online via Zoom.

Induction and Training of Trustees: New Trustees are provided with detailed information about Trustee responsibilities, and provided with Trustee guidance material sourced from the Charity Commission. We refer to this guidance and to our Articles of Association, particularly when new Trustees are appointed.

As the charity provides for the needs of children, albeit in Nepal, we have a policy now known as Safeguarding Children Policy (formerly Child Protection) which is given to Trustees and all sponsors of individual children.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**OBJECTS AND ACTIVITIES**

**Summary of Objects**

The charity's Objects are as follows:

- To relieve the poverty of orphaned and underprivileged children and young people up to the age of twenty-four (24) years in Kathmandu Nepal by the provision of clothing, equipment and other goods for daily living; and
- To advance in life and relieve the needs of orphaned and underprivileged children and young people up to the age of twenty-four (24) years in Kathmandu Nepal by providing support, facilities and activities which assist in advancing their education and developing their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

**Summary of the Main Activities Undertaken in Relation to these Objects**

**Sponsored Children**

Nepal is one of the poorest countries in the world. Not all the children we support are orphans, but those who are not orphans are from destitute families, who would be unlikely to access educational opportunities without our support, particularly the ability to attend years 11 and 12 (sixth form in Nepal), further education or university.

All children put forward for sponsorship are carefully considered by the Chief Officer and the orphanage House Mother, Mrs Mathema. Only children who come from truly destitute families can be considered, as they are the ones least able to access education.

For sponsored children, the funding ensures that they have adequate summer and winter clothing, school uniforms and essential equipment for schooling, and pays for any school fees. For children who live with their families, we also provide a table and a large solar rechargeable battery lamp to enable them to do their homework in homes that do not have an electricity supply.

The majority of the sponsored children whom we support are girls. The Trustees have agreed that any further children we sponsor should preferably (but not exclusively) be female. Nepali girls from poor families are sometimes 'sold' and trafficked. They generally have less opportunity to access education. We consider that by supporting girls and young women, they will have greater opportunities to gain life skills for future employment and are less likely to be seen as a burden to their families.

We now have several sponsored children in sixth form and others who are coming up to sixth form age, many of whom hope to go on to university where tuition fees are much higher than school fees. Therefore, Trustees have agreed that when a currently sponsored young person completes their education at school or university (whichever is the highest they achieve), we will not take on a new child, but ask the child's sponsor to join together with another sponsor to co-fund sixth form or higher education for a single young person. We currently have three young people who are co-sponsored. Therefore, we will retain the same number of sponsors, even though there may be fewer sponsored children and young people.

The majority of sponsors for individual children are friends, acquaintances, or contacts of the Trustees, and others have come via fundraising events and publicity. Sponsors agree to provide regular funding for a named child. The sponsors receive reports on their sponsored child's progress at school. In accordance with our Safeguarding Children Policy, any communication from a sponsor to a child must be vetted by the Chief Officer.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**Institutions**

In addition to our sponsored children, we also continue to provide support to the Save Lives Foundation Orphanage, the Shree Neel Barahi Higher Secondary School, Lubhoo Secondary School Ishwor Primary School, Saraswati Secondary School, Shree Buddha Secondary School and Nepal Adarsha Secondary School.

It should be noted that although many schools have 'Secondary' in their title, they generally take children from nursery school age.

During 2020, we ceased supporting Jana Sudhar Secondary School, as the school is in receipt of support from various other international charitable organisations, and Trustees were not satisfied that KIKN funding was being utilised in the school for its intended purpose.

KIKN provides breakfast clubs at all the six schools that we now support. Research and experience have shown that school breakfast clubs are an incentive for destitute families to send their children to school and for the children to be able to learn better when they have eaten adequate food. Breakfast is known as 'tiffin' in the schools, and generally taken at midday.

The schools recognise the value in providing food when it encourages parents to enrol and send their children to school. KIKN recognises that funding breakfast clubs enables the access to education for socially disadvantaged children.

*See KIKN's Coronavirus Food Relief Programme on page 10*



**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**MAIN ACHIEVEMENTS DURING 2020**

**Sponsored Children and Young People**

At the start of 2020 the charity was sponsoring a total of 36 children and young people. However, during the year two children have gone missing from school for several months and may have moved away with their families. If not located their sponsorship will cease in 2021.

Eight sponsored children are cared for at the Save Lives Foundation Orphanage, and three of these have co-sponsors, meaning that six sponsors help fund their school, college or university fees.

Five sponsored girls and one boy live in the Girls and the Boys Paropakar Orphanages (said to be the oldest orphanages in Kathmandu). Two young women from Paropakar Orphanage commenced medical school in October 2020, and as their fees are being paid by an American charity, KIKN has ceased their sponsorship.

The other children and young people live with their families and attend Shree Neel Barahi School, Lubhoo School, and other local schools, or are studying at universities, teacher training colleges and nursing colleges.

We have three graduates, Asmita, who completed her business studies degree in 2017, and Apsarah who completed her teacher training course in 2019. Sangita has completed her Chartered Accountancy degree in 2020, and secured an apprenticeship at a bank in Kathmandu.

Rajesh continues his Hotel Management course and Rasmila continues her Pharmacy degree. Both are from Save Lives Foundation Orphanage, and we fund their college fees.

Laxmi, a severely physically disabled young woman, commenced teacher training in October 2018. KIKN funds Laxmi's teacher training course and we contribute to 50% of her wifi costs, to enable her to carry out her course work.

Another Paropakar sponsored young woman entered a direct 3-year nursing diploma course in 2019, rather than studying in 6<sup>th</sup> form. KIKN is funding her nursing training.

A sponsored young person, who was living with her father, step-mother and two younger siblings in one over-crowded room, moved into the Save Lives Orphanage in 2017, and continues to live there, helping with chores before and after school. Living at the orphanage enables her to study more easily, but she continues to have contact with her family, who live close by.

Each year, when the Chief Officer has travelled to Nepal, she has visited all the sponsored children and taken a personal greeting from each sponsor to their sponsored child. As this was not possible to be undertaken personally in 2020, due to the coronavirus pandemic, sponsors letters and other goods for the sponsored children and young people were sent to Kathmandu by international courier.

**Save Lives Foundation Orphanage**

All eight children in the orphanage are supported by KIKN. The orphanage is in Bafal, an impoverished area of Kathmandu.

We make a contribution to the rent and utilities for the Save Lives Foundation Orphanage. In previous years we have funded:

- the installation of solar panels, to have less reliance on the generator and its costly fuel, and;
- a water filtration system, following the 2015 earthquake, in view of the badly contaminated water supply
- the increase of solar panels from three to five (again after the 2015 earthquake) to enable continuous use of the fridge and the water pump
- wardrobes for the teenage orphanage girls were purchased in 2018

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

- two bunk beds for the children, warm wool blankets for all the beds, a new microwave oven for the kitchen, and a vacuum cleaner were provided in 2019

We fund karate classes and maths tuition for the orphanage children.

As part of the food relief programme, we paid for eggs to increase the children's protein intake.

KIKN could not function without Mrs Mathema's goodwill, time and efforts in ensuring that our work is undertaken in line with good governance. As recognition of the contribution that Mrs Mathema makes towards the smooth running of KIKN's charitable works in Kathmandu, we make a quarterly contribution to rent and utility bills at the Save Lives Foundation Orphanage, which we increased in July 2020.

**Shree Neel Barahi Higher Secondary School**

Shree Neel Barahi Secondary School is in Tankeshwor, near the Kalimati market in Kathmandu, a short distance from the Save Lives Orphanage, and another impoverished neighbourhood in Kathmandu where many of the families live below subsistence level.

The school takes children from nursery school age to sixth form. The school had some 700 pupils, when Kids in Kathmandu first began providing support in 2011, but the school has increased in size substantially since that time, very much in part due to the equipment and infrastructure that KIKN has funded over the years. In 2011, there were only 8 students in the sixth form, and now there are more than 250, with a total school population in excess of 1,200 pupils.

In past years, in addition to refurbishment & equipment projects, we have provided the school with:

- 35 desktop computers and computer desks in the early years, plus repair of computers in 2018
- A photocopier
- solar panels
- a new science lab
- an inverter (mini generator)
- Nepali dance costumes
- 10 new computers and additional software for the school in 2019, to replace computers originally provided by KIKN, but no longer usable.

Much of the equipment has been funded from grants made to KIKN by Futures for Kids (FFK).

We fund 50% of the salary of a computer/science teacher, to enable the school to recruit and retain a suitable candidate.

We fund the karate teacher's salary, to provide extra-curricular activities, especially for the less academic children.

From January 2013 we have funded a breakfast club for 100 nursery children, and in 2019 we increased the funding to support an additional 50 children. During the 2020 coronavirus pandemic, Neel Barahi School has been included in KIKN's food relief programme.

Over the years, KIKN has sponsored many children attending Neel Barahi School. We currently sponsor 8 children. Several young people have gone on to undertake graduate courses, including three who have now graduated.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**Lubhoo Secondary School**

KIKN has supported Lubhoo School since 2016. Lubhoo is a poor Newar village in the Lalitpur district of the Kathmandu Valley, east of Kathmandu, some 7 kilometres from the capital city (but 13 kilometres via potholed roads). It is a small school with around 450 pupils, an increase of 70 pupils since KIKN started to support the school.

At Lubhoo School we have previously been able to fund:

- 20 computers, desks and chairs
- solar panels
- furnishings for the nursery classroom
- play equipment for the playground (swings, slide and two see-saws)
- two basketball poles and layout of a badminton court
- a PA system
- science lab improvements
- 18 sets of desks and chairs (providing space for 54 pupils) for use in their new building
- reference library books, to assist upgrading the school's educational status

Much of the equipment has been funded from grants made to KIKN by Futures for Kids (FFK).

During 2019, from a Government grant and funding by an Austrian mountaineering charity, school building works that had been under construction for several years were largely completed and operational. A Vocational College for Engineering opened in April 2019, and the school is continuing to recruit more pupils. Many of the purchases listed above have enabled Lubhoo School to improve its facilities and educational status. From a further grant received from FFK in late 2019, in early 2020 we were able to purchase 12 more computers, together with computer desks and chairs for the school.

In 2016, we commenced funding a much-needed breakfast club for 100 children at the school. The attraction of more pupils to the school is largely accredited to the introduction of the breakfast club.

During the 2020 coronavirus pandemic, Lubhoo School has been included in KIKN's food relief programme.

KIKN sponsors nine children who attend Lubhoo School.

**Ishwor Adharbhot Primary School**

Ishwor Adharbhot Primary School is a very small school in Swayambhu, in Kathmandu city. In September 2017, when the Chief Officer was first introduced to this school, there were only 50 pupils. The school population now fluctuates between 85 and 90 pupils. The school is very poorly furnished, with no glass in the windows, and is built around a small compound serving an extremely impoverished community, where there are many beggar children. No school fees are payable.

To date we have:

- provided a computer, printer, a photocopier, table and chair for the school
- provided flooring and equipment for the beggar children's classroom
- funded electrical wiring for classroom lights and fans
- purchased two sets of school uniforms, made to measure by local trades people
- provided a supply of exercise books, stationery, a drum set and a metal lockable cupboard

Much of the equipment has been funded from grants made to KIKN by Futures for Kids (FFK).

In September 2017, we started to fund a breakfast club for 50 children, and funding was increased to include all 80 pupils from January 2018.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

In October 2018, we commenced funding a contribution to the nursery teacher's salary at Ishwor School, to enable the school to pay and retain a suitably qualified person, and this funding was increased in October 2019.

From the end of 2019, KIKN has funded a quarter of the cost of the school's water and electricity bills. Each year since 2017, KIKN has funded food for the families of the 30 beggar children, which is distributed during the Chief Officer's visit, and prior to the Dashain festival, and in 2019 this was provided to the families of every child attending Ishwor School. As this was not possible in 2020, due to the coronavirus pandemic, Ishwor School was included in KIKN's food relief programme. However, the families at Ishwor school received additional quantities of food relief, due to their extreme poverty.

**Saraswati Secondary School**

Saraswati Secondary School is located in Thecho District in Lalitpur, on the outskirts of Kathmandu, some 13 kilometres from central Kathmandu, though due to poor roads, travel by car can take a considerable length of time. The school has 500 pupils.

When the school was visited in September 2019, the poverty of the majority of pupils was palpable. Many of the children had red-brown coloration on their uniforms and it was explained that the breadwinners in these families mostly work in the local brickworks.

KIKN started supporting this school in January 2019, and we have provided the following:

- purchased 20 computers
- paid for the refurbishment of one of the classrooms

In 2019, we saw that the school was making good use of the 20 computers donated by KIKN (through a grant from Futures for Kids). As well as teaching the pupils, a local NGO (Non-Governmental Organisation) is assisting the school's teachers with IT literacy.

From 2019, we have funded a daily breakfast club for 100 pupils, which the school stretched to feed 135 children each day, helped by lower food prices in more rural areas outside the capital city centre. During the 2020 coronavirus pandemic, Saraswati School has been included in KIKN's food relief programme.

**Shree Buddha Secondary School**

Shree Buddha Secondary School is located in the Godawari municipality of Lalitpur, in the Kathmandu Valley. The school is approximately 18 kilometres from central Kathmandu, and as with other areas in the Kathmandu Valley, journeys by car can be tortuous in view of poor road conditions, particularly during the monsoon season.

However, the school has a forward-thinking Chair of the School Board, who is committed to raising funds through his networking. From local donations, a clean water station was built following the 2015 earthquake, and free uniforms have been procured. Some past pupils have received grants to attend university.

The school calls its nursery a 'playgroup'. There are very young children in this class, some only 18 months old, who require assistance with feeding from school teachers and helpers. Taking these young children into school enables their parents to seek casual work. In 2019, we were informed that the school has a high number of orphaned children, many of whom are looked after by local NGOs.

In 2020, KIKN commenced funding a nursery class teacher/feeding assistant, in view of the young age of many of the nursery class children.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

The three rooms where the 55 nursery children are cared for (and educated) were poorly furnished and equipped, with inadequate flooring or blankets. From a grant received from Futures for Kids (FFK), in early 2020 KIKN provided funds to help refurbish the nursery class rooms.

In early 2020, also from FFK funding, we were able to purchase 12 computers for the school, together with desks and chairs.

In September 2019, KIKN commenced funding a breakfast club for 50 children. The school has 650 pupils, 35 of whom joined the school when the breakfast club was established. Shree Buddha School is stretching the breakfast club funding for 50 children to feed 100 nursery children each day.

In January 2020, KIKN increased the funding for the breakfast club at Shree Buddha School to cover 75 children per day. No doubt, the school will continue to feed many more from the monies that we provide.

In December 2020, KIKN helped fund a Foundation of New Engineering Course at the school.

During the 2020 coronavirus pandemic, Shree Buddha School has been included in KIKN's food relief programme.

**Nepal Adarsha Secondary School**

Nepal Adarsha Secondary School is a small inner-city school, with just over 300 pupils, located not far from Durbar Square, whose historic temples were badly damaged in the 2015 earthquake.

The school is housed in two blocks. One block is a recently constructed, government-funded building, as the original was destroyed in the 2015 earthquake, and the other block is an older building on the opposite side of the street. The new block houses the nursery class and younger children.

The school's headteacher has been successful in networking with local businesses, and 20 computer tablets have been donated to the school. Thus, the school is conducting some teaching via e-classes.

In early 2020, with grant money from Futures for Kids (FFK), KIKN funded the purchase of 12 computers, together with desks and chairs for the school.

In October 2020, KIKN funded the purchase of a photocopier for the school.

A KIKN-funded breakfast club for 50 pupils was set up in September 2019. When the school was visited in September 2019, a few weeks after the breakfast club was established, it was observed that the school did not have sufficient equipment or utensils for the adequate preparation and delivery of the food. Therefore, the Trustees agreed to fund the purchase of a gas stove, eating bowls and spoons.

During the 2020 coronavirus pandemic, Nepal Adarsha School has been included in KIKN's food relief programme.

**Food Relief Programme During 2020 Coronavirus Pandemic**

KIKN 's Food Relief Programme ran from April to October 2020, benefitting up to 4,000 children and their families through three rounds of food relief at the schools that KIKN supports in Kathmandu.

Following the lockdown in March 2020 in the UK, a week later the Nepali Government announced a country-wide lockdown. All the schools across the country were closed until further notice. This meant that there would be no breakfast clubs, which had served as a safety net for many of KIKN's children in the 6 schools that we support. This was an unprecedented situation, but one to which KIKN quickly rose to the challenge to support our school children and their families as best we could.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

In the ensuing days, through frequent conversations between KIKN's Chief Officer and Mrs Mathema in Nepal, the idea of helping the 9 sponsored children at Lubhoo School was born. One of the trustees donated £450 to kick start the food relief programme. The 9 Lubhoo KIKN sponsored children received the first food parcels in late April. Their food parcels were for £50 each, enabling the children and their families to receive ample food for many weeks.

In April 2020, following one of the Chief Officer's regular updates to the Horseman Trust, the plight of the starving children was mentioned. The Horseman Trust has made annual grants to support KIKN's breakfast clubs for several years, and responded by return email, to inform the Chief Officer that they would make a one-off donation to help KIKN feed some of the children in KIKN-supported schools. Following on from this, the Trustees were able to consider a bigger project to support children and their families at all six schools that KIKN supports.

The Horseman Trust generously made a grant of £5,000, which enabled KIKN to start planning for the first round of food relief for the 6 schools, to start in May 2020. Mrs Mathema had already received several requests from the schools for help during those early months of the pandemic.

KIKN was fortunate to have links, through Mrs Mathema, to a local greengrocer/food merchant who, during the Chief Officer's annual visits to Nepal, had provided KIKN-funded food parcels to the children and families at Ishwor School for the previous three years. The greengrocer had always helped to distribute as well as supply the food, and so, with Mrs Mathema at the helm, and with input from the schools' headteachers and staff, there was already a team and system in place in Kathmandu that could quickly be mobilised to get the food relief programme up and running, to provide the school children and their families with vital food supplies at all six schools.

With Mrs Mathema's input, it was agreed that KIKN would spend £2,000 at each school, benefitting 200 families per school, at the school's discretion. The food parcels cost £10 each, and consisted of 15 kilos of rice, 4 kilos of lentils, 2 kilos of mixed beans, 2 litres of oil, sugar and salt. The exception was Ishwor School where the beggar children would receive twice the amount, being the most deprived families, and living well below subsistence level. There are 95 children in Ishwor School, and the supply would last 2-3 weeks, based on a household of four having just one meal a day. Obviously, the supply would run out more quickly if there were more children.

The first round of food distribution to the schools started in early May 2020 at Shree Buddha School, followed by Neel Barahi School, Ishwor School, Lubhoo School, Adarsha School and Saraswati School. The second round started in late June, but the food distribution was delayed to August at Saraswati School, which had faced a local lockdown due to a local increase in coronavirus cases.

By July 2020, it was obvious that the schools would not be open for another 3-4 months. KIKN Trustees decided to make an appeal to raise further funds for a third round of food relief. The unspent breakfast club monies from each school contributed to the food relief budget, but it was not enough. To KIKN's happy surprise, in July 2020 Futures for Kids (FFK), a major donor to our Charity gave us a grant of £8,000 to support the food relief programme. In addition, more than £4,000 was raised through the general food relief appeal via KIKN newsletters to regular sponsors, donors and supporters, and on KIKN's Facebook page.

These additional funds enabled KIKN to start its third round of food relief in late September 2020. This coincided with the Dashain Festival in mid-October (equivalent to Christmas in the West). It was hoped that the selected 1200 families in the 6 schools would have received their food by the end of

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

October 2020. However, food distribution at Saraswati School was again delayed due to a further increase in local coronavirus cases and another local lockdown.

KIKN has spent £35,000 since March 2020, in the 3 rounds of food relief, benefitting more than 3,300 children (possibly around 4,000 with siblings) and their families during the lockdown in Kathmandu.

Some challenges faced by KIKN and Mrs Mathema in delivering the relief programme were:

- The logistics of getting the money to Nepal without delay. There have often been issues with sending large bank transfers from our UK bank to our bank account in Nepal, and we needed to send larger sums than we would normally make in one bank transfer.
- The greengrocer's ability to deliver to the different outlying schools. With the monsoon rain, the truck was stuck in the river of mud on 3 occasions, rescued by human strength, and, on one occasion, by a passing water tanker.
- Good housekeeping at both ends to ensure that money accrued, was spent on the food relief without error.
- Providing moral support to Mrs Mathema during the months of lockdown in Nepal. She has not left the Save Lives Orphanage during the pandemic, and conducted all the transactions in Nepal online or by telephone.

The Nepali Government was still undecided about schools reopening in November, after the Dashain Festival. The infection rate was rising rapidly in the centre of Kathmandu city where 70% of the country's population resides and works. The general public seemed to have lost faith in the Government's warning about social distancing, wearing masks and washing hands frequently. The outlook was uncertain and grim.

While some schools in Kathmandu reopened in December 2020, most will stay closed until January 2021, at the earliest.

If the schools do not open in the 2021 new year, it might be possible for KIKN to consider a fourth round of food relief, even if more limited in scope than the three rounds in 2020, as there will be some unspent breakfast club funds available in the budget.

In addition to the food relief programme, for each of the six schools KIKN also funded the purchase of 11 sets of combined hand sanitiser dispensers and thermometer guns, to assist with control of coronavirus in the schools.

**Queen's Award for Voluntary Service**

In October 2019, Kids in Kathmandu Nepal received notification from the Greater London Lieutenancy that the Charity had been nominated for the Queen's Award for Voluntary Service (QAVS). This prestigious award is known as the 'MBE for voluntary groups'. Nomination itself is considered to be a high recognition of Kids in Kathmandu Nepal's charitable work.

In May 2020 the Charity received official notification of the outcome. In a letter from Sir Martyn Lewis CBE, Chair of the QAVS National Assessment Committee, the charity was commended for the work we are doing but, unfortunately, we were not among those selected to receive the award. The letter went on to say that we should be immensely proud of the work we do and wished us all the best for the future.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**BENEFITS TO THE WIDER COMMUNITY IN KATHMANDU**

Almost all the goods and services we fund in Nepal are locally sourced in Kathmandu. The children's school uniforms and other clothing are tailored or purchased in the neighbourhood. Most tables, desks, cushions or any other furniture we purchase, are made by local carpenters and craftspeople. Clearly, purchase of these goods has been at a much lower level during the 2020 coronavirus pandemic.

Computers and other technical equipment are purchased locally in Kathmandu.

The karate teachers have had a regular source of income, as has the maths teacher at Save Lives Foundation Orphanage. In addition, the breakfast clubs at the six schools we support provide employment for the cooks, and all the raw food ingredients are sourced locally. Again, as the schools have been closed since March 2020 due to the coronavirus pandemic, the cooks and local providers of food for the breakfast clubs, will have had less income from KIKN funded projects.

The computer teachers at Shree Neel Barahi Secondary School, the nursery teacher at Ishwor School and the nursery teacher/feeding assistant at Shree Buddha School have secure employment due to our funding.

When able to visit Kathmandu, KIKN's Chief Officer buys craft goods whilst in Nepal to sell in the UK to raise more funds. Again, this was not possible during 2020. However, the greengrocer who supplied food during our food relief programme, benefitted from increased trade from KIKN.

We are pleased to report that the funds we raise in the UK not only enriches the lives of impoverished children in Kathmandu, but also benefits the wider economy through the provision of employment for local people and by supporting local businesses.

For sponsored children and young people whom we support, their educational opportunities assist them to go onto higher education or obtain employment, so that they are better able to support their own and their extended families, in the future.

We have asked those young people whom we support and are already in further education, that when they eventually have employment (and a suitable income) to consider supporting a young person still at school, so that the circle of educational opportunity continues. Our first graduate, Asmita, who is also a local councillor, is now supporting a young girl who attends Neel Barahi School with her educational fees.

**CURRENT POLITICAL AND SOCIO-ECONOMIC SITUATION IN NEPAL**

Nepal is a land-locked country, with a population of some 28 million. The population of Kathmandu, the capital city is around 1.5 million, although reported figures are inconsistent. Currently, 21 per cent of the population live below the poverty line, which is calculated at living on less than 1.9 US dollars (£1.45) per day.

Nepal has been politically unstable for many years, with little investment in the country's infrastructure. However, following the adoption of the Constitution of Nepal in September 2015, the coalition government was looking to improve facilities. Since 2017, the country has been ruled by the Nepal Communist Party (NCP).

The regular load-shedding in Kathmandu (no access to electricity supplies for certain periods everyday) has largely ceased, as more sustainable power supplies have been established.

Another recent improvement is that water pipes are being laid in the Kathmandu Valley to enable everyone to have access to clean and free piped water. The majority of people in the lower socio-economic groups currently have to rely on the collection from and use of water at local wells in their



**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

vicinity for all water supplies. Only people who can afford to pay have been able to buy fresh water transported by tankers.

The government is also starting to supply computers to some schools. The indication is that, over an estimated period of 4-5 years, all schools will be resourced with computers and computer science teachers.

Prior to the adoption of the constitution, Nepal was divided into 14 administrative zones and these have now been reorganised to form 7 provinces, each with its own headquarters, chief minister and administrative staff. The Nepali press has reported that many people have expressed concern that services and infrastructure will not be improved as they consider that elected officials have a tendency to misuse the revenue the government receives. There is a view that the rich get richer whilst the poor get poorer.

Although India and Nepal have an open border, political relationships are not always positive, and there are disputes over the border in at least two areas in Nepal. There is competition between China and India to develop and improve infrastructure. China is currently favoured by Nepal, as China had helped Nepal during the economic blockade imposed by India in 2015.

In September 2020, it was reported that China had encroached onto Nepal's territory and constructed 11 buildings in a remote area of the Himalayas, bordering Tibet. However, the Nepalese Government has been largely quiet about these issues, despite local protests. This may not be surprising given that China is the highest provider of foreign aid to Nepal.

Unfortunately, the economy has been unstable, partly affected by regional conflict in India over territorial issues in Kashmir. During 2019, the Nepalese rupee fell to its lowest level against the GB pound, and inflation was running at 30%. This meant that purchases in Kathmandu had to be made with caution, to remain within the budget approved by Trustees. The level of the Nepalese rupee against the GB pound has risen during 2020.

However, alongside the coronavirus pandemic crisis, Nepal has been plunged into more political turmoil. A constitutional crisis was triggered in December 2020 when the Prime Minister, KP Sharma Oli requested the President to dissolve parliament in a bid to counter discord within the ruling party. There have been protests in Kathmandu. New elections are scheduled for April and May 2021, but it is unclear whether these will go ahead due to political uncertainties and the coronavirus pandemic.

It remains to be seen whether the Nepali government will achieve its ambition to improve the lives of its citizens over the coming years.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**FUNDRAISING**

Due to the coronavirus pandemic, during 2020 fundraising has been very difficult for KIKN, as we have been unable to organise our usual fundraising activities, such as quiz nights, the annual charity cricket match, cake sales, or individual fundraising events, such as running or cycling.

We are fortunate that all the children we sponsor are funded by individual sponsors, who donate a regular monthly or annual sum of money to the charity. We also have many other regular donors, who donate monthly or annually, but do not sponsor a named child. The sponsors and other regular donors are the backbone of our fundraising efforts. All sponsors and donors have continued their regular donations during the year, and we are pleased that the number of sponsors has again increased during 2020.

We are particularly thankful for the grant funding and support that we have received from Futures for Kids (since 2011) and from the John Horseman Trust (since 2015).

Much of Futures for Kids (FFK) grants has enabled us to buy equipment for the schools that we support. Their funding has also enabled the expansion of some of the breakfast clubs.

Most of the Horseman Trust's annual grant funding is utilised in the provision of breakfast clubs in KIKN schools

Some regular sponsors give substantial annual amounts of money to the charity. We also receive some smaller regular donations, and some sizable one-off donations, from friends and supporters of KIKN.

We use Virgin Money Giving as our sole charity fundraising platform on the basis of best value for money. We have a direct link on our website to enable donations.

During 2020, the Trustees were only able to organise one of the proposed fundraising events before the pandemic lockdown came into effect in March 2020:

- *Chinese New Year Celebration – February 2020.* The Chief Officer held a Chinese New Year food event.

Other funds raised during 2020:

- We were very grateful to receive a grant of £8,000 from FFK that greatly contributed to our pandemic food relief programme
- We were very pleased to receive an additional £5,000 from the Horseman Trust to support our pandemic food relief efforts.
- We received over £4,000 in donations from our food relief appeal to sponsors, donors and other supporters.
- We received over £1,800 in sponsorship from two half marathons, run by Kate Pottinger, one of our Trustees

We especially thank the following individuals and organisations who have contributed significantly to our fundraising:

- Futures for Kids Charity
- The John Horseman Trust
- Lyn & Sarah Noyes
- Jon Hamer
- Kate Pottinger

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**PUBLICITY**

**Website, e-Newsletter and other Technology**

Trustee Mr Stephen Smith regularly updates the KIKN website ([www.kidsinkathmandu.com](http://www.kidsinkathmandu.com)) which is very user-friendly, publicises our projects in Nepal, and provides a background to the charity and our Trustees. We pay an annual fee to ensure adequate back-up and security for the website, which is hosted by GoDaddy.

During the past year our Chief Officer has continued to make regular postings on our Facebook page to inform all of our followers about how we are spending their sponsorship monies and donations in Kathmandu. We have found this a powerful medium, especially the ability to quickly upload photographs from Nepal with the narrative. During 2020, this was particularly helpful for our food relief campaign fundraising, and for other national campaigns such as Giving Tuesday.

The website has a link to our charity fundraising web-page, and we find that we receive a regular stream of small and larger donations via that route.

We send out quarterly e-newsletters, which greatly enhances our ability to reach a wide audience and to keep our regular supporters aware of the progress of KIKN projects and of fundraising events. Again, during 2020 this was very useful for raising funds for our food relief campaign.

We send out hard copies of our Annual Report to our major donors and email it to other supporters, together with posting it on our website.

As a thank you, annual calendars showing photographs of our work in Kathmandu are sent to long-standing supporters, sponsors and donors.

The use of our payment card reader at cake and craft sales and other events greatly enhances KIKN's ability to sell goods. We have significantly increased our sales at fundraising events, where potential buyers may not have enough cash, but have credit/debit cards available.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**RISK MANAGEMENT & KIKN POLICIES**

Trustees regularly review and update our Risk Management Plan and our policies.

In addition, Ms Marjorie Jackson, Trustee, reviews Charity Commission updates, and reports back to Trustees on any matters that are relevant to KIKN, to ensure that Trustees are aware of and act upon such matters, as appropriate.

**Risk Management**

The KIKN Risk Management Plan was reviewed and updates approved by Trustees in October 2020.

In July 2020, Trustees agreed the renewal of our Public Liability Insurance policy with Hiscox for another year until 31 August 2021.

**Our Policies**

We have the following policies, all of which are posted on our website:

***Safeguarding Children Policy (October 2019)***. This policy supersedes the previous Child Protection Policy. The policy incorporates the latest guidance on child protection for a small charity, where the children reside in a foreign country. Any Trustee or sponsor visiting Nepal on KIKN business will be required to have an enhanced disclosure check performed by the Disclosure and Barring Service (DBS).

***Privacy Information Policy*** – in compliance with the General Data Protection legislation (Approved April 2018, Revised June 2018).

***Banking Information and Scheme of Delegation*** (Revised October 2019).

***Reserves Policy*** (Revised June 2019).

***Investment Policy*** (Revised October 2019).

***Conflicts of Interest Policy*** (Revised Jan 2019)

***Supporter Promise*** - in compliance with the code of Fundraising Promise (Approved October 2019)

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**OBJECTIVES AND PLANNED ACTIVITIES**

We aim to undertake the following activities in 2021 to meet our charitable objectives:

1. *Trustees* – to identify any potential new Trustees willing to contribute to the work of the charity.
2. *Sponsors* – to maintain or increase the current number of sponsors, to enable sponsored children and young people to remain in education until at least school leaving age.
3. *Regular Donors* – to increase the number of donors, to assist with funding on-going projects.
4. *Extra-Curricular Classes* – to continue funding karate classes at Neel Barahi School and Save Lives Foundation Orphanage.
5. *On-going Support to Current Projects* – to raise sufficient funds to continue support of on-going projects (e.g. breakfast clubs for nursery children at the six schools, plus part-funding salaries of computer teachers at Neel Barahi and the nursery teacher at Ishwor School).
6. *Continuing & New Projects* – to review ongoing projects and to prioritise any newly identified projects with regards to available funding.
7. *Higher Education* – to fund university and higher education courses for our sponsored children, as required and if affordable.
8. *Higher Education/University Funding* – to work with Mrs Mathema to identify funding and/or course opportunities in Nepal for sponsored young people seeking to enter higher education.
9. *Higher Education Reserve Fund* – to continue holding some funds in reserve to assist sponsored young people with course funding.
10. *Exchange Rate* – to maintain our projects within the restraints on funds due to the fluctuations in exchange rates between GB pound and Nepalese rupee.
11. *Local Resources* – to continue sourcing goods that we purchase in Kathmandu from local suppliers and crafts people to contribute to the local economy.
12. *Futures for Kids & the John Horseman Trust* – to keep both organisations fully informed about the projects we fund from their grants.
13. *Fundraising activities* – to organise fundraising activities to raise additional funds and to engage friends, supporters, and local communities in the work of the charity. This will be dependent on the easing of the coronavirus pandemic restrictions during 2021.
14. *Publicity and Technology* – to regularly update our website and Facebook page, to send out regular e-newsletters, to ensure that ongoing supporters and others are aware of fundraising events, know how to make donations to the charity, and receive updates on our work and projects in Nepal.
15. *Policies* – to review (and update, as required) KIKN's policies and Risk Management plan. This is particularly relevant to any new guidelines issued by the Charity Commission.

The six Trustees volunteer their time, personal skills and resources to ensure that the charity continues to thrive and achieves its objectives. We aim to maintain our income streams from sponsors, other donors and fundraising events so that we can continue to meet our commitment to support the children and young people whom we sponsor. In addition, we strive to benefit the Save Lives Foundation Orphanage, Shree Neel Barahi School, Lubhoo School, Ishwor School, Saraswati School, Shree Buddha School and Nepal Adarsha School.

At present, due to the coronavirus pandemic, it is uncertain if or when the Chief Officer or other Trustees will be able to return to Kathmandu, Nepal.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**FINANCIAL REVIEW**

Our total expenditure for the period was £68,380 and with an income of £68,644 we have net incoming resources of £264. Together with funds carried forward from the previous year, there is a sum of £49,936 available at year end on 31 December 2020.

This surplus includes a sum of £7,535 Gift Aid reclaimed for 2020, but not yet received, and a scheduled quarterly payment of £9,386 to Nepal due to be transferred in January 2021.

The surplus also includes £22,608 held in our Redwood Bank 95-Day Notice account, intended for funding future university tuition fees for our sponsored young people.

A further £8,129 is held in our Bank of Kathmandu Ltd account. There are various payments for fees that are still outstanding due to the schools being in lockdown. Trustees have agreed that the Nepal account should hold a reserve of £2,000 only, but this can be difficult to control as we do not always receive timely requests for payments for on-going school projects (e.g. breakfast clubs) that we support in Kathmandu. Before quarterly payments are made from our UK account, Trustees first assess what funds are available to utilise in the Nepal account.

The Balance Sheet shows current assets as £49,936, when the Gift Aid reclaim of £7,535 due from HMRC is taken into account.

Funding for all activities is raised by donations, from friends of the charity, from fundraising events or from grants. Sponsors of individual children make payments of regular donations to support a named child.

**Policy on Reserves**

Trustees have agreed that the reserve should remain at £5,000 in the UK account and, from 2019, £2,000 in the Nepal account

The rationale for the UK reserves is so that if we lose any sponsors or regular donors, we have sufficient funds in reserve in the UK account to cover a shortfall. In Nepal the reserve allows for the regular fluctuation of the Nepalese rupee against the GP pound.

**Funds Materially in Deficit**

We have no funds in deficit.

**Funds held as Custodian Trustee**

We hold no funds as Custodian Trustee.

**Trustees' Responsibilities in Relation to the Financial Statements**

The Trustees (Directors) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which gives a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for the year. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

- prepare the accounts on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in operation; and to
- appoint an Independent Examiner to examine the accounts and to provide an Independent Examiner's Report.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

As a smaller company, under the terms of the Companies Act 2006, the Trustees have not required the accounts to be audited, but we are required by the Charity Commission to have the accounts independently examined.

This report was approved by the Trustees on 19 April 2021 and signed on their behalf by:



**Lai See Chew**

**Director**

**KIDS IN KATHMANDU NEPAL LTD**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**Statement of Financial Activities**

	Notes	2020	2019
<b>Incoming Resources</b>		<b>Unrestricted Funds</b>	<b>Unrestricted Funds</b>
Donations and grants	2	62,967	63,721
Fundraising Income	3	5,677	10,530
Other income	4	0	0
<b>Total incoming resources</b>		<b>68,644</b>	<b>74,251</b>
<b>Resources Expended</b>			
Charitable activities: supporting sponsored children, an orphanage and four schools in Kathmandu	5	65,298	63,265
Ex gratia payment		0	350
Purchase of Nepali/Craft Goods		0	734
Fees	6	1,225	1,248
Governance Costs	7	531	392
Administration Costs	8	871	617
Fundraising Costs	9	455	3,212
<b>Total Resources Expended</b>		<b>68,380</b>	<b>69,818</b>
<b>Net Incoming Resources</b>		<b>264</b>	<b>4,433</b>
<b>Other Gains and Losses</b>		<b>0</b>	<b>0</b>
<b>Cash at bank &amp; in hand at start of year</b>		<b>49,672</b>	<b>51,339</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>49,936</b>	<b>55,772</b>

The notes found on pages 23-25 form part of this Statement of Financial Activities and the Balance Sheet on page 22.

The Independent Examiner's Report can be found on page 26.



**KIDS IN KATHMANDU NEPAL LTD**  
**BALANCE SHEET**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**  
**Balance Sheet**

		£	£
		2020	2019
<b>Fixed Assets</b>			
Tangible Assets		0	0
Investments		0	0
<b>Total Fixed Assets</b>		<b>0</b>	<b>0</b>
<b>Current Assets</b>			
Stock and work in progress		0	0
Debtors	10	7,535	6,100
Cash at bank and in hand at year end	11	41,790	49,195
Interest	12	611	477
<b>Total Current Assets</b>		<b>49,936</b>	<b>55,772</b>
<b>Creditors: amounts due within a year</b>		0	0
<b>Liabilities and charges</b>		0	0
<b>Net Assets</b>		<b>49,936</b>	<b>55,772</b>
<b>Funds of the Charitable Company</b>			
Unrestricted funds	13	42,936	48,772
Designated Reserve Fund - unrestricted		7,000	7,000
<b>TOTAL AVAILABLE FUNDS</b>		<b>49,936</b>	<b>55,772</b>

**Audit Exemption Statement**

For the year ending 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to smaller companies.

**Directors' responsibilities:**

- The Trustees have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006
- The Directors acknowledge their responsibility for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts,
- These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS 102 SORP.



**Lai See Chew, Director**

**KIDS IN KATHMANDU NEPAL LTD**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**1. Accounting Policies**

**1.1 Basis of preparation**

These accounts have been prepared on the basis of historic cost convention in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, to be used for accounts commencing on or after 01 January 2016.
- and with the Charities Act 2011.

**1.2 Changes to previous accounts**

None

**1.4 Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources
- the Trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Donations and Grants are only included in the SOFA when the charity has unconditional entitlement to the resources.

Gift Aid Tax reclaims are included to the value expected to be reclaimed from HMRC with regards to eligible donations received since registration with the Charity Commission on 27 May 2011.

The charity has no investments.

**1.5 Expenditure and liabilities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities for its beneficiaries.

Fundraising costs are those costs incurred in setting-up events to attract income.

The charity has no fixed assets.

There are no liabilities or charges due.

**2. Donations and Grants**

Donations and grants are from the following sources:

	£
Sponsor & Other Donations	31,332
Grants from Futures for Kids	8,000
Grants from John Horseman Trust	10,000
Gift Aid Reclaim 2019	6,100
Gift Aid Reclaim 2020 (Estimated)	7,535
<b>Total</b>	<b>62,967</b>

**3. Fundraising Income**

Fundraising income includes income from and donations towards all events held during the accounting period. Due to the Covid-19 lockdowns this was restricted to the Food Relief Programme Appeal and the 2 Half Marathon Sponsorship Appeal.

**KIDS IN KATHMANDU NEPAL LTD**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**4. Other Income**

No other income has been received.

**5. Resources Expended on Charitable Activities**

Expenditure is broken down for sponsored children, Saves Lives Foundation Orphanage and projects at seven schools

	£
Private college fees for Year 12 students x 2	1,585
Pharmacy Course and Hotel Management Course Fees	1,931
Food Relief Programme (3 rounds x 6 schools)	35,000
Karate teacher at Neel Barahi School	340
Salary 0.5 computer/science teacher at Neel Barahi School	1,200
Salary 0.5 computer/science teacher at Jana Sudhar School	600
12 computers and classroom furniture at Lubhoo School	2,500
Breakfast club for 80 children at Ishwor School	1,532
Contribution to nursery teacher salary for Ishwor School	194
Contribution to electricity bill and water at Ishwor School	180
Breakfast Club for 100 children at Saraswati School	1,915
Breakfast Club for 75 pupils at Shree Buddha School (started Jan 2020)	1,500
Contribution to nursery/feeding assistant at Shree Buddha School	248
12 computers and classroom furniture for Shree Buddha School	2,500
Nursery Room refurbishment at Shree Buddha School	1,000
Foundation of New Engineering Course at Shree Buddha School	5,000
Photocopier for Shree Buddha School	986
Breakfast Club for 75 Children at Nepal Adarsha School (started Jan 20)	1,500
11 Sanitiser dispenser and temperature readers	1,430
Contribution to rent & utilities at Save Lives Foundation Orphanage	3,900
Contribution to extra eggs for young people at Save Lives Foundation	200
Wifi contribution for Laxmi, disabled sponsored young person at college	57
<b>Total</b>	<b>65,298</b>

**6. Fees**

Fees are for web-site hosting, bank charges for transferring monies to Nepal and Bank charges in Nepal. Fees also include filing at Companies House, Public Liability Insurance and a fundraising application.

**7. Governance Costs**

Governance costs include costs for the Annual General Meeting and printing the Annual Report.

**8. Administration Costs**

These costs include postage, printing and stationery.

**KIDS IN KATHMANDU NEPAL LTD**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**9. Fundraising Costs**

This includes food and refreshments at fundraising events..

**10. Debtors**

The sum of £7,535 is the amount the charity expects to receive from HMRC from the Gift Aid reclaim for 2020.

**11. Cash at Bank and In Hand**

On 31 December 2020, there was a sum of £11,643 cash in our HSBC bank account, and we have a £20 cash float. £22,000 is held in our Redwood bank account. There was also a sum of £8,127 in the Bank of Kathmandu account. The £7,000 reserve is included in these sums.

**12. Interest**

Interest paid on the Redwood bank account was £608 and interest on the Kathmandu Bank account was £3.

**13. Unrestricted Funds**

There are no restrictions on any of the expenditure of the donations and grants received, provided such expenditure complies with the Objects of the charity. The Reserve Fund of £7,000 is identified separately as an unrestricted Designated Fund.

**14. Company Status and Corporation Tax**

The company is limited by guarantee and does not have a share capital. The liability of the members, in the event of winding up, is limited to £10 each.

**15. Corporation Tax**

The Charitable Company submits a Corporation Tax return to HMRC, as and when requested. To date, as a registered charity, we have been exempted from any charges.

**KIDS IN KATHMANDU NEPAL LTD**  
**INDEPENDENT EXAMINER REPORT FOR THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2020**

---

**Independent examiner's report to the trustees of Kids in Kathmandu Nepal Ltd**

I report on the accounts of the Kids in Kathmandu Nepal Ltd (Charity no 1142150), which are set out on pages 21-25, for the period ended 31 December 2020.

**Respective responsibilities of trustees and examiner**

The Charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention

**Basis of independent examiner's statement**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me reasonable cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or the
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

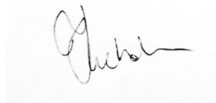
I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Name:** Tracy Richardson

**Relevant professional qualification or body:** ACMA (Associate Member of Chartered Institute of Management Accountants)

**Address:** 85 Norman Road, Leytonstone, E11 4PY

**Signature:**



**Date:** 19 April 2021

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT 2020**  
**APPENDIX A – CASE STUDY**

---

**The Life Story of Urmila, a KIKN Sponsored Young Woman Living at Save Lives Foundation**

Ms Lai See Chew, KIKN Chief Officer, first had contact with the Save Lives Foundation Orphanage in 2008, when she travelled to Kathmandu to work as a volunteer, following her retirement from the UK NHS. On her return to the UK, Ms Chew encouraged some of her friends to support the education of the children living at the orphanage, where Mrs Uma Mathema continues to be the House Mother. In 2011, Kids in Kathmandu Nepal (KIKN) was established as a Charitable Company.

Since that time, KIKN has expanded its charitable works considerably to sponsor many other children and young people, together with supporting six schools in Kathmandu. However, the eight children at the Save Lives Foundation Orphanage have been at the centre of Ms Chew's annual month-long visits to Nepal. Ms Chew always stays with Mrs Mathema at the orphanage, and has had the privilege over the years of seeing the children develop into young people whose lives have been changed by the love and care given to them by Mrs Mathema, and the educational opportunities provided through sponsorship by KIKN.

The following account has been given by Urmila Ghale, a young woman who has described her early life and subsequent life at the Save Lives Foundation orphanage. Urmila was born in 2000, and the moving account below is as told to Ms Chew.



Urmila was born into a poor family whose village was so remote that no roads connected it to the outside world. Her parents were disabled, so unable to do paid work. They lived off the land, tending cattle, cutting grass and collecting fire wood for cooking. Each day the family tried to get by with one meal, often going to sleep hungry.

The family lived in a small hut in which they cooked and slept. The hut roof was tin with holes, so when it rained it leaked. Sleeping on the cold stone floor with no blanket and a leaking roof was an experience that Urmila has never forgotten.

*Urmila in 2009*

When she was 7 years old, Urmila's father brought her to Kathmandu. For the first time in her young life, Urmila experienced the excitement of a whole new world, all things fancy and beautiful. She met her grandmother for the first time. Her grandmother bathed Urmila and changed her into her male cousin's clothes. She did not understand the Nepali language (the Kathmandu accent) and did not know what was happening.

Urmila's father took her to several places and she met many people. Then she came to what she described as 'a beautiful place with flowers and plants'. There were children of similar age, who all seemed happy and playing together. They involved her in their games, but Urmila was confused and started to cry. She was nervous and shy but went along with them. Urmila was feeling many conflicting emotions: nervous, excited, sad and happy. A while later, she noticed her father had gone. She was sad and wanted to cry, but the people around her were kind and friendly. She didn't want them to feel bad.

Nabina (the helper) took her to the barber and had her hair cut. She was bathed and dressed her in some new clothes. For the first time, she was enjoying being cared for.

This new world was clean and everyone was happy. Everything was scheduled and organised. That night another new girl arrived, and Urmila did not feel so isolated after that. Dinner was prepared but Urmila was still confused and upset, and she went to bed without eating. There were thousands of

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT 2020**  
**APPENDIX A – CASE STUDY**

---

questions going through her mind but no one to answer them. That was the hardest moment for a seven-year-old child.

Urmila then decided to accept everything gratefully. She never had to worry about going to sleep with an empty stomach or sleeping on a stone floor without a blanket, ever again. There was no longer the worry of a leaking roof when it rained, and waking to cut grass or to tend to the cattle with an empty stomach.

Urmila started school. She loved learning and her teacher encouraged her. She is now an avid reader of both Nepali and English novels. She always comes top of her class every term. Just as she settled into her new life, the fact that she was not an orphan came to light, and at the age of eight, Urmila faced another rejection. She was threatened to be returned to her family, but no one came for her. She was heartbroken. It was only then that she realised then she was living in an orphanage. She felt unwanted by everyone - a very harsh experience for one so young.

Urmila put on a brave face externally but she was broken hearted. She tried to make herself invisible, always the last one to enter the room to eat. She did not talk much. The fear of rejection and heartbreak made her withdrawn into herself. Thankfully school was the escape for her. Soon she was the best student and a 'Topper' (top of the class). Slowly she regained her confidence, but the fear of rejection still haunts her to this day.

With the passing time, Urmila's thinking and perspective has changed. She decided that she wanted to be thankful to her family instead of feeling hatred towards them. She has been given the opportunity to have education, through which to discover her potential and finally to chase her dreams.

She is now 20 years old, and poised to commence law studies in October 2021.



Her lasting words to Ms Chew were 'No matter how high I fly or how far I run, I will not consider myself successful until the day when I will be able to help and provide another Urmila or Urmilas the opportunity to change their life the way I did.' That is her goal.

*Urmila in 2019*

Overleaf there are photographs of all the other young people from Save Lives Foundation Orphanage sponsored by KIKN.

**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT 2020**  
**APPENDIX A – CASE STUDY**



Save Lives Foundation Children in 2011 and 2019



Rasmila (left) in 2009 & 2019

Commenced a 5-year Pharmacy degree in 2019



Rajesh (right) in 2008 & 2019

Started a 4-year Hotel Management course in 2019



Sujan (left) in 2008 & 2019

Likely to receive a scholarship from a local college to study Mechanical Engineering



Sangmu (right) in 2008 & 2021

Hopes to study Journalism





**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT 2020**  
**APPENDIX A – CASE STUDY**

---



Sarmila (left) in 2008 & 2019  
Aims to study Hotel Management

Panjum (right) in 2008 & 2019  
Ambition to be a Computer Engineer



Pramila (left) in 2011 & 2019  
The youngest of the Save Lives Foundation children – still to decide her preferred further education choices

Ms Chew & Mrs Mathema in 2019 at Save Lives Foundation, with the sponsored young people and the Foundation's Chair – this was the last time Ms Chew visited in person, due to the 2020 coronavirus pandemic



**Other KIKN Sponsored Children and Young People through the Years**



Neel Barahi School pupils in 2016 reading letters from sponsors, and (below) in 2019 at KIKN Open Day at Save Lives Foundation Orphanage



Young women at Paropakar Orphanage with their teacher in 2016 and (below) at Save Lives Foundation Open Day in 2019



**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT 2020**  
**APPENDIX A – CASE STUDY**

---



Lubhoo School children with Ms Chew in 2016



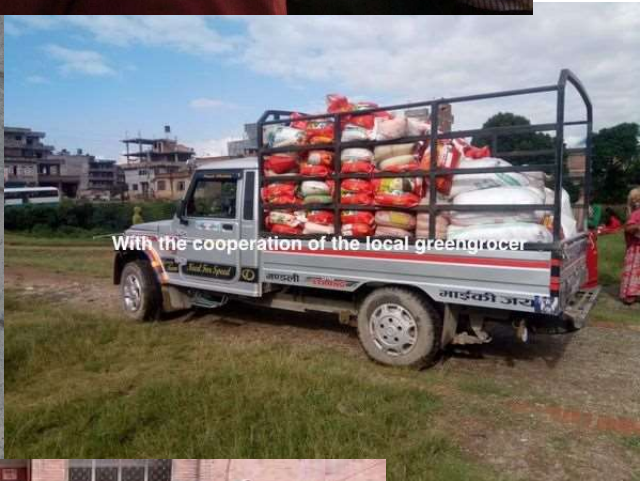
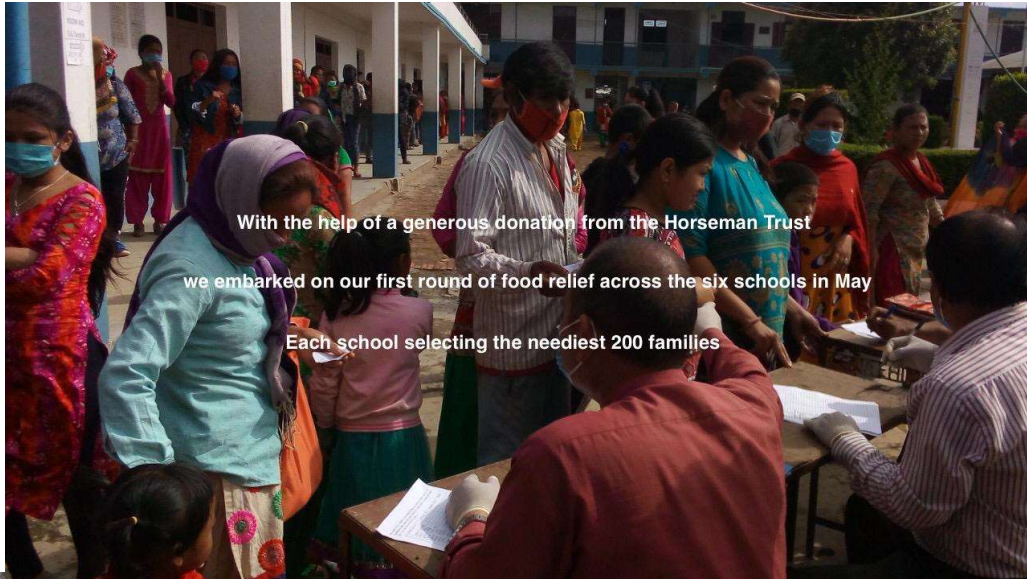
Lubhoo School children in 2018



Lubhoo School young people receiving their KIKN-funded supply of books and other educational materials in September 2020

**KIDS IN KATHMANDU NEPAL LTD  
TRUSTEES' REPORT 2020  
APPENDIX B – PHOTOGRAPHS**

**KIKN's Coronavirus Pandemic Food Relief Programme 2020**



**KIDS IN KATHMANDU NEPAL LTD**  
**TRUSTEES' REPORT 2020**  
**APPENDIX B – PHOTOGRAPHS**

---



Social Distancing was adhered to by parents



Shree Buddha School –  
families collecting their food  
relief groceries



Shree Buddha School playground floods every year during the monsoons



Above: Families collecting food relief at Saraswati School



Ishwor School food relief – families received extra supplies in view of their extreme poverty

**KIDS IN KATHMANDU NEPAL LTD  
TRUSTEES' REPORT 2020  
APPENDIX B – PHOTOGRAPHS**



Lubhoo School pupils collecting food relief for their families

The schools were all very grateful for the food relief provided by KIKN

फोन नं.: ०१-५५८०११  
Phone :01-558011

**श्री लुभू माध्यमिक विद्यालय**  
**Shree Lubhoo Secondary School**

महालक्ष्मी न.पा.-८, लुभू, नवलपरासी, ललितपुर  
Mahalaxmi Municipality-8, Lubhu, Nawalparasi, Lalitpur

पत्र संख्या: .....  
मालानी नं.: 159  
Ref No.: 676/677

स्थापित १९६६ ई  
Est. 1966

E-mail: lmv.pathashala@yahoo.com

मिति: .....  
Date: .....

26<sup>th</sup> May, 2020  
The kids in Kathmandu Nepal  
Kathmandu, Nepal

**Subject :- Application letter for relief distribution.**

Dear sir / madam,

We, Shree Lubhoo Secondary School family would like to express our sincere thank for your most kind and generous contribution to our school. As we all are suffering from the worst situation due to pandemic Covid – 19. At this very tough time, the food stuffs, that you provided as relief to the 200 needy students of our school is very praiseworthy indeed.

Once again, we would like to heartly appreciate your contribution and hope for the same in upcoming days too.

*Prabha*  
Principal  
Mrs Prabha Laxmi Amatya

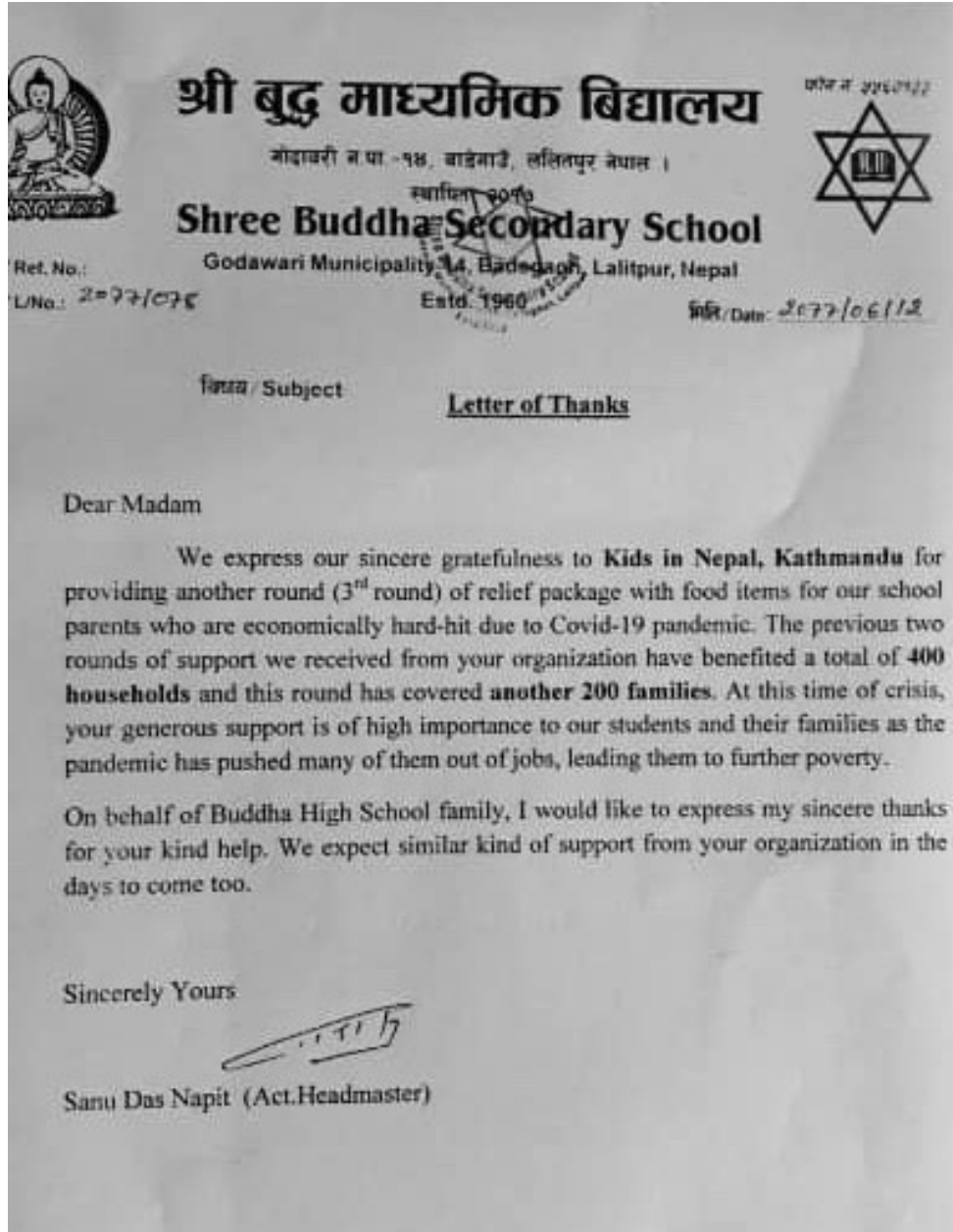


Above: Lubhoo School, situated in a poor Newar village on the outskirts of Kathmandu



Shree Buddha School, serving a poor rural area in the Kathmandu Valley







Food relief at Neel Barahi School in central Kathmandu – the first school supported by KIKN and the largest of the six schools we support.

**KIDS IN KATHMANDU NEPAL LTD  
TRUSTEES' REPORT 2020  
APPENDIX B – PHOTOGRAPHS**

---



Food relief at  
Nepal Adarsha  
School in central  
Kathmandu





Families collecting food relief at Saraswati School in the Kathmandu Valley



With thanks to all our supporters who have generously contributed to KIKN's food relief programme in Nepal during the 2020 coronavirus pandemic.